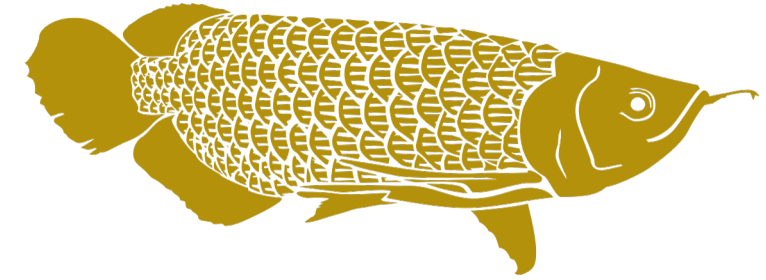


INTRODUCING..  
THE FUNKY COLLECTION

"A luxury group of businesses focusing on the finer things in life."



**FUNKY MONK**  
EPPING  
RESTAURANT & ROOMS

THE  
**FUNKY**  
COLLECTION

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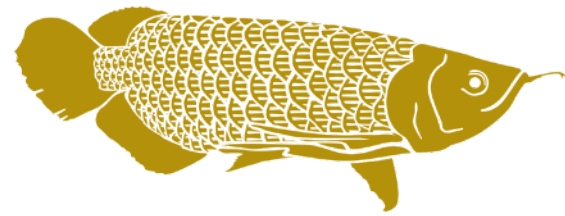


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THE  
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COLLECTION



# FUNKY MONK

## EPPING

RESTAURANT & ROOMS

Welcome to Funky Monk, a proud member of the Funky Collection, we are a family-run restaurant nestled in the heart of Epping. Our focus is on using the finest local ingredients to craft show-stopping dishes that will leave you feeling truly Funky!

PART OF



SCAN ABOVE AND DISCOVER THE COLLETION

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## FOR THE SPECIAL MOMENT PRIVATE HIRE

Our elegant restaurant, bar, and spaces are ideal options for your special celebrations.

LET'S PLAN TOGETHER

01992 570 056

[www.funkymonk.co.uk](http://www.funkymonk.co.uk)

[events@funkymonk.co.uk](mailto:events@funkymonk.co.uk)

Scan below to find out more



## BREAKFAST MENU

Monday - Friday  
9am - 5pm

Saturday - Sunday  
9am - 12noon

### MAINS

<b>Full English</b>	11
Cumberland sausage, back bacon, two eggs your way, mushrooms, tomato, black pudding, baked beans, hash browns, sourdough toast	
<b>Vegetarian Full English</b>	9
plant-based sausage, two eggs your way, mushrooms, tomato, spinach, baked beans, hash browns, sourdough toast	
<b>Eggs Royale</b>	10
English muffin, smoked salmon, two poached eggs, hollandaise sauce	
<b>Eggs Benedict</b>	9
English muffin, roasted ham, two poached eggs, hollandaise sauce	
<b>Eggs Florentine</b>	7
English muffin, sauté spinach, two poached eggs, hollandaise drizzle	
<b>Eggs on Toast</b>	5
toasted sourdough, two eggs your way	
<b>Beans on Toast</b>	9
toasted artisan bread, baked beans	
<b>Avocado on Toast</b>	8
chilli peppers	
<b>American Breakfast</b>	7
two pancakes, bacon, maple syrup	
<b>Fruit Bowl</b>	5
fresh seasonal fruits	
<b>Toast and Preserves</b>	2
<b>Extra Items</b> toasted sourdough, Netherend Farm butter and preserves sourdough toast, egg, back bacon, Cumberland sausage, hash browns, mushrooms, tomato, black pudding, baked beans	

### DRINKS

<b>Smoothies</b>	6	<b>Freshly Squeezed Juice</b>	5	<b>Laurent-Perrier</b>	11
various flavours		orange, apple		La Cuvée Brut Champagne NV	

### HOT DRINKS

<b>Coffee</b>					
<b>Espresso</b>	3	<b>Cappuccino</b>	4	<b>Latte</b>	4
<b>Macchiato</b>	4	<b>Americano</b>	4	<b>Flat White</b>	4
<b>Teas</b>					
<b>Everyday Brew</b>	3	<b>Earl Grey Strong</b>	3	<b>Peppermint</b>	3
<b>Green</b>	3	<b>Camomile</b>	3	<b>Decaf English Breakfast</b>	3

<b>non-dairy alternative milks</b>	0.8
soya, coconut, almond, oat	



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A discretionary 12.5% service charge will be added to your final bill. All service charges are paid in full to our team. Spirits served in 25ml. Wines are available in 125ml. All prices are inclusive of V.A.T

## MAIN MENU

Welcome to the Funky Monk restaurant here we believe in using the freshest, locally sourced ingredients available. To ensure peak quality, we receive daily deliveries. This may occasionally lead to some menu items becoming unavailable. Our friendly team will be happy to update you on current availability and offer delicious alternatives as well as our specials of the day.

### SPRITZ WITH US

<b>Sicilian Spritz</b>	<b>Aperol Spritz</b>	12
Malfy Arancia blood orange gin, Select Aperitivo, Fever-Tree tonic, Prosecco	Aperol, Prosecco, soda water, orange slice	

### ALMOST SPRITZ

<b>Tanqueray and Grape Spritz</b>	<b>Caramel Espresso Martini 0.0%</b>	10
Tanqueray 0.0%, elderflower cordial, Fever-Tree white grape and apricot	Lyres coffee liquor, espresso shot, agave syrup	

### APERITIVIO

<b>Murcian Lemon G&amp;T</b>	<b>Spring Garden Bellini</b>	12
Bombay 1er Cru Murcian lemon gin, Limoncello, Fever-Tree tonic water	Chandon Garden Spritz, peach, elderflower, lemon, grapefruit	

### OYSTERS

<b>Carlingford Ireland</b>	4 each / 6 for 20	<b>Jersey England</b>	3.5 each / 6 for 15
		<b>Maldon England</b>	4 each / 6 for 20
		perfectly paired with a glass of Laurent-Perrier 18	

### FOR THE TABLE

<b>Warm Bread (v)</b>	3
netherend farm salted butter	
<b>Mixed Marinated Olives</b>	4
marinated mixed olives	
<b>Pan Fried Padron Peppers</b>	7
roasted in olive oil and sea salt	
<b>Pork Belly Bites</b>	8
mango & lime barbeque sauce	
<b>King Prawn Tempura</b> — Chef's Signature	9
lemon grass, sweet chilli sauce	
<b>Halloumi fries (v)</b>	6
truffle honey	
<b>Courgette Fritters</b>	6
apricot harissa	
<b>House Hummus (v)</b>	6
toasted bread	



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## STARTERS

Please ask our team for specials

### COLD STARTERS

<b>Salt Beef</b> mustard mayo, pickles & toasted sourdough	15
<b>British Charcurterie Board <i>serves 2/4</i></b> cured meats, cheese, pickles, olives & bread	25/40
<b>Classic Prawn Cocktail</b> Marie Rose sauce and buttered brown bread	15
<b>Smoked Salmon and Avocado</b> crème fraiche, fennel and toasted bread	14
<b>Burrata and Parma Ham</b> cherry tomatoes, rocket, basil oil	15
<b>Beef Carpaccio</b> Thinly sliced beef, shaved parmesan, capers, rocket, extra virgin olive oil	18
<b>Grilled Octopus</b> Lemon, oregano, new potatoes, olives, cherry tomatoes	18

### HOT STARTERS

<b>Shell Off Tiger Prawns</b> white wine tomato sauce, toasted sourdough	18
<b>Scallops &amp; Bacon</b> red pepper cullings, pea puree	16
<b>Salt &amp; Pepper Baby Squid</b> red pepper aioli & grilled lime	14
<b>Homemade Arancini</b> served with garlic aioli. please ask server for the current flavour	12
<b>Goats Cheese</b> toasted ciabatta, caramelised orange, balsamic glaze	14
<b>Pesto Shrimp Flatbread</b> fresh pesto, grilled Atlantic shrimp, toasted flatbread	15
<b>Panko Fried Brie</b> cranberry sauce, balsamic reduction	12
<b>Sweet Chilli Beef</b> crumbed fillet steak strips, sweet chilling dressing, mixed julienne vegetables	16

### SALADS

ADD CHICKEN 6 ADD PRAWNS 9 ADD HALLOUMI 5

<b>Tuna</b> Seared tuna steak, mango, peanuts, avocado, citron ginger dressing	23
<b>Mediterranean</b> Harissa grilled chicken, marinated chickpeas, grilled artichokes, roasted peppers, Kefalonion olives, heritage tomatoes, jasmine rice, hummus, feta cheese	19
<b>Classic Caesar</b> baby gem, soft boiled egg, pancetta, anchovies, aged parmesan	10
<b>Funky Salad</b> avocado, fennel, mozzarella, radicchio, walnuts	11
<b>The Cobb</b> Romaine, double smoked bacon, soft boiled egg, grilled chicken breast, Grand Padano cheese, caesar dressing	19

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## BAR & GARDEN MENU

<b>Chicken Wings</b> choose from bbq, blue cheese, buffalo, mango lime, killer chilli sauce	11
<b>Millionaire Fries</b> truffle aioli, parmesan	16
<b>Pesto Shrimp Flatbread</b> fresh pesto, grilled Atlantic shrimp, toasted flatbread	15
<b>Chicken Skewer</b> house salad	16
<b>Prawn Skewer</b> house salad	19
<b>Sweet Chilli Beef</b> crumbed fillet steak strips, sweet chilling dressing, mixed julienne vegetables	16
<b>Panko Fried Brie</b> cranberry sauce, balsamic reduction	21
<b>Funky Monk Burger</b> double beef patty, Monterey Jack, burger relish, skin on fries	21
<b>Grilled Chicken Burger</b> garlic mayonnaise, red pepper jam, skin on fries	19
<b>Vegan Burger</b> plant based patty, crushed avocado, red pepper jam, skin on fries <b>ADD VEGAN CHEESE 2</b>	20
<b>Barbeque Pork Ribs</b> barbeque sauce	19
<b>Tuna Salad</b> eared tuna steak, mango, peanuts, avocado, citron ginger dressing	10
<b>Classic Caesar</b> baby gem, soft boiled egg, pancetta, anchovies, aged parmesan <b>ADD CHICKEN 6 ADD PRAWNS 9 ADD HALLOUMI 5</b>	10

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## SUNDAY MENU

Please ask our team for specials

*Family Sharing Roast*  
full joint & all the trimmings, serves 4 (pre-order required)  
99

### FOR THE TABLE

Warm Bread (v) Netherend farm salted butter	5	Rosemary Baked Camembert (v) toasted sourdough, molasis, pomegranate salsa, toasted almonds	19
British Charcuterie Board cured meats, cheese, olives, pickles and toasted bread	25/40	Oysters chef selected marekt oysters	4 each / 6 for 20
Salt Beef mustard mayo, pickles & toasted sourdough	15	Shell Off Tiger Prawns white wine tomato sauce, toasted sourdough	18
Classic Prawn Cocktail Marie Rose sauce and buttered brown bread	15	Scallops & Bacon red pepper cullings, pea puree	16
Smoked Salmon and Avocado crème fraiche, fennel and toasted bread	14	Salt & Pepper Baby Squid red pepper aioli & grilled lime	14
Burrata and Parma Ham cherry tomatoes, rocket, basil oil	15	Goats Cheese toasted ciabatta, caramelised orange, balsamic glaze	14

### SUNDAY ROASTS - Award winning meats supplied by local farms

all roasts served with roast potatoes, carrots, winter greens, braised red cabbage, Yorkshire pudding, gravy

Half British Spatchcock Chicken sausage wrapped in smoked bacon, sage and onion stuffing	24
Norfolk Leg of Lamb slow braised lamb shoulder	26
Outdoor Reared Essex Pork crackling, bramley apple sauce	24
28 Day Aged Striploin of Beef creamed horseradish	25
Vegetable Wellington ask team for details	22
<b>KIDS ROASTS</b>	
Roasted Chicken Breast sausage wrapped in smoked bacon, sage and onion stuffing	12
Norfolk Leg of Lamb slow braised lamb shoulder	13
Outdoor Reared Essex Pork crackling, Bramley apple sauce	12
Medley of Vegetables ask team for details	11

### MAIN COURSES

Fish of the Day our fish are caught wild, by sustainable day boats and fisheries	MP	Lobster Thermidor garlic butter, two sides of your choice	MP half / whole
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### SIDES

Essex Pork Crackling, Apple Sauce	5	Roast Potatoes, Jug of Gravy	5
Sage and Onion Pork Stuffing	5	Sausages Wrapped in Smoked Bacon	7
Applewood & Cheddar Cauliflower Cheese	7	House Salad, Baby gem, Tomatoes, Cucumber	7

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## MAINS

Please ask our team for specials

### FUNKY CLASSICS

*Funky Fruits De Mer*

The finest chef selected locally sourced seafood platter  
Please ask your server for todays selection

SERVES 2 OR 4  
80/160

King Prawn & Lobster Linguine lobster tail, garlic, fresh chillies, cherry tomatoes, courgette & lobster sauce	32
Old Epping Bangers and Mash Maris Piper mashed potato, red wine gravy, crispy onions	19
Beer Battered Fish and Chips hand cut chips, mushy peas, tartare sauce, lemon	22
Meat Skewer hanging skewer served with chunky chips & house salad.	26
Seafood Paella <small>MINIMUM 2 PERSONS ADD CHORIZO 4 (Vegetarian option available)</small> mussels, calamari, prawns, garden peas & mixed peppers	25pp
Funky Monk Double Cheese Burger double beef patty, Monterey Jack, burger relish <b>add braised beef 4</b>	21
Grilled Cauliflower sweet potato puree, harissa hummus	18
Spinach and Ricotta Ravioli creamy tomato sauce, rocket, parmesan shavings	22
Truffle Tortellini creamy mushroom sauce	24

### FROM THE SEA

Lobster Thermidor 1/2 or full lobster served with house salad & skin on fries	MP
Surf & Turf half lobster, 8oz fillet, served with salad, hand cut chips & two sauces of your choice	75
Roasted Halibut new potatoes, grilled vegetables, orange sauce	32
Monkfish wrapped in parma ham, new potatoes, tenderstem broccoli, red pepper cullings	34
Pan Fried Salmon Maris Piper mashed potato, spinach, creamy saffron sauce	28
Roasted Fillet of Seabass New potatoes, cherry tomatoes, olives, lemon marinade	30

### FROM THE LAND

Fillet of Beef 8oz fillet, hand cut chips, mushrooms, tomatoes, choice of sauce	39
28 Day Aged Ribeye 10oz ribeye, hand cut chips, mushroom, tomatoes, choice of sauce	38
Essex Salt Marsh Rack of Lamb dauphinoise potatoes, Tenderstem broccoli, cherry tomatoes, red wine jus	35
Chicken Supreme goats cheese & spinach stuffed chicken breast, new potatoes, Tenderstem broccoli, blue cheese sauce	26
Garlic & Rosemary Beef Short Ribs dauphinoise potatoes, green beans, red wine jus	38

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*Signature Dish*

**The Funky Tomahawk**

The finest, locally sourced beef, served off the bone, two portions of hand  
cut chips, mushrooms, tomatoes, choice of two sauces

MP

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## A BIT ON THE SIDE

6 EACH

Garlic Butter Mushrooms	Hand Cut Chips
Creamed Spinach (v)	Skin-on Fries
Creamy Mash (v)	Buttered Greens
Tenderstem Broccoli	New Potatoes (v)

## CHEF'S SIGNATURE SIDES

Truffled Mac & Cheese	12
Millionaire Fries	16
Invisible Chips - All Proceeds Donated to a Local Charity Monthly	4
Lobster Mac & Cheese	17

## SAUCES

3

Béarnaise	BBQ	Mushroom	Peppercorn	Blue cheese
Truffle mayonaise	Garlic Butter	White Wine	Red Wine	

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